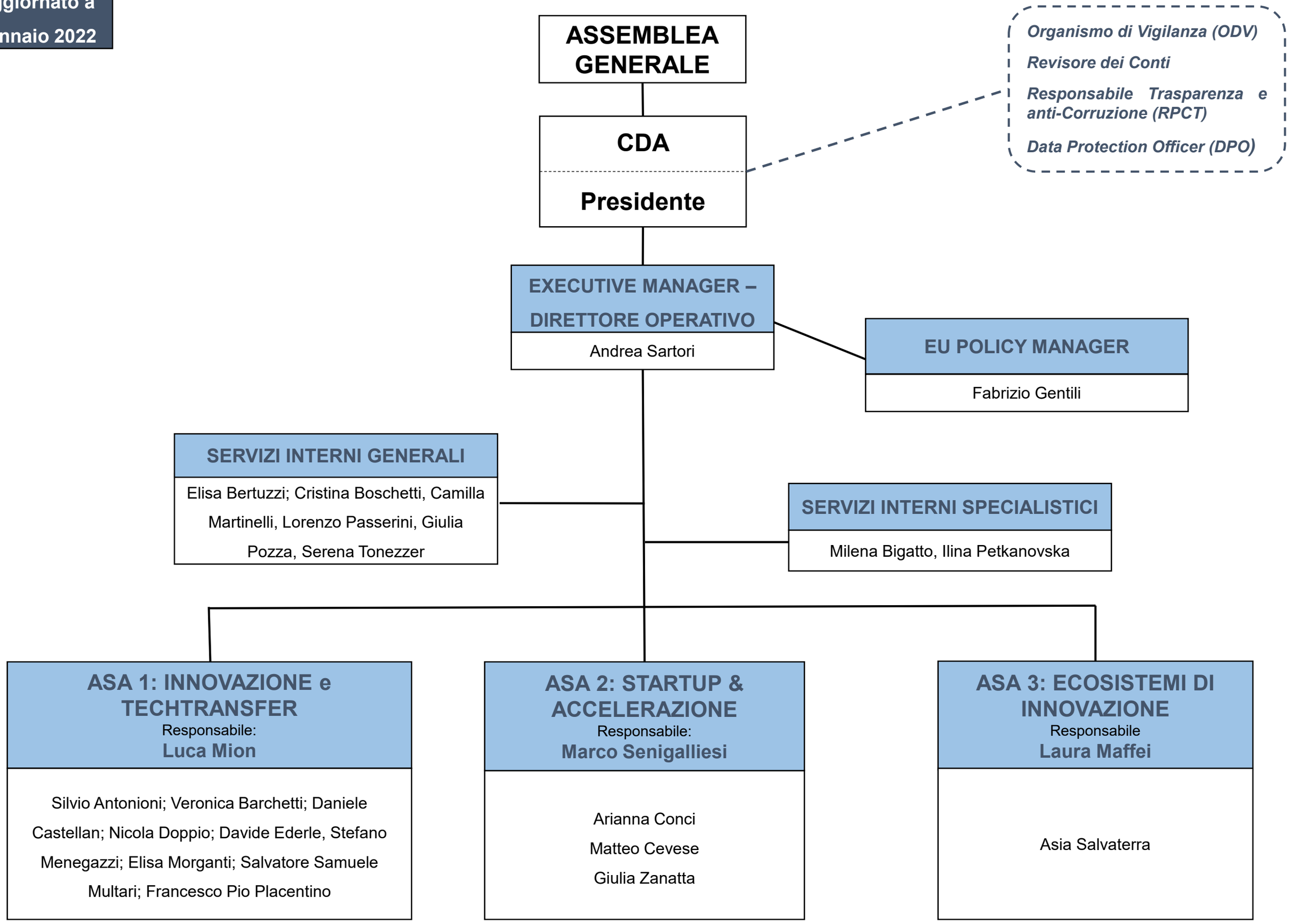Aggiornato a gennaio 2022